



## Bega Church Service

### Invocation

Surely the presence of the Lord is in this place;  
 I can feel His mighty power and His grace.  
 I can hear the brush of angels' wings,  
 I see glory on each face;  
 Surely the presence of the Lord is in this place.

Welcome Barry Hergenhan

Announcements

Praise Nola Hergenhan

Just Let Me Say  
 Shout To The Lord  
 What A Friend We Have In Jesus

Prayer Emmyt Moon

Offering Evangline Moon  
 AAV Development

Children's Story Danny Wlodarczyk

Sermon Pr. Dragan Kanazir

Walking With Jesus On The Water

Closing Hymn  
 Here Comes Jesus

Benediction Pr. Dragan Kanazir



## Church Directory

### Sunset Time

|              |         |
|--------------|---------|
| 07 September | 5.43 pm |
| 13 September | 5.48 pm |

### Offerings

|              |                  |
|--------------|------------------|
| 14 September | Annual Sacrifice |
| 21 September | Local            |

### Church Cleaning

|                    |                   |
|--------------------|-------------------|
| Month of September | Chantelle Bennett |
|--------------------|-------------------|

### Hall Cleaning & Flowers

|                    |              |
|--------------------|--------------|
| Month of September | Carol Peachy |
|--------------------|--------------|

### Senior Lesson

|              |                |
|--------------|----------------|
| 14 September | Kylie Cullinan |
| 21 September | Dragan Kanazir |

### Worship Co-ordinator

|              |                 |
|--------------|-----------------|
| 14 September | Wendy Hergenhan |
| 21 September | Elaine Venables |

### Preaching Roster

|              |                |
|--------------|----------------|
| 14 September | Julie Nagle    |
| 21 September | Dragan Kanazir |

## For Your Diary

|                 |                |
|-----------------|----------------|
| 07-14 September | Week of Prayer |
|-----------------|----------------|

## Church Contacts

|                         |                  |              |
|-------------------------|------------------|--------------|
| Minister                | Dragan Kanazir   | 0488 378 002 |
| Elder                   | Barry Hergenhan  | 0418 612 939 |
| ADRA Leader             | Janet            | 0413 938 428 |
| Communication Secretary | Natashia Bennett | 0423 269 970 |

*Welcome*

to

**BEGA**

**SEVENTH DAY ADVENTIST**

**CHURCH**



**7 September, 2019**



## Welcome

Another week has gone by, and we are one week closer to spending eternity in Heaven. What a glorious day that will be when we finally meet our Heavenly Father.

Welcome to Bega Church today! It is my prayer that whilst we are still on this sin sickened earth that we all receive that Heavenly blessing and that our lives are made right with our Redeemer. God Bless you all!

## Health Nugget

*The Divine Prescription & Science of  
Health & Healing  
Gunther B. Paulien, Ph.D.*

“**Chamomile** was used anciently to cure **HEADACHES**, and illnesses affecting the liver, kidneys, and bladder. It was used to cure **FEVER** which plagued the ancient civilization. It has a relaxing action on the smooth muscle lining of the digestive tract thereby halting stomach and menstrual **CRAMPS**. It has an analgesic action on inflamed tissues, and heals **CANKER SORES** in the mouth. It is also used for **GALLSTONES**. It contains TRYPTOPHAN, an amino acid which is necessary for the production of vitamin B3 or niacin.

In an experiment two groups of animals were fed a chemical known to cause ulcers. Those given chamomile developed significant fewer ulcers, and recovered more quickly. Research shows that chamomile is a **TRANQUILIZER**, for it depresses the central nervous system, and it is a mild **SEDATIVE**. The tea can be used for **MUSCULAR SPASMS**, and to relieve **PAIN** and **SWELLING** caused by arthritis or an injury. It is beneficial in cases of **ANXIETY**. Constituents of chamomile, such as the **FLAVONES**, have smooth muscle relaxing activity, thereby aiding digestion and promoting relaxation. It is recommended that one add a handful of chamomile flowers to the hot bath. In other animal studies chamomile relieved arthritis joint **INFLAMMATION**.



## Announcements

### Biblical Account of Origins

On Wednesday September 18, at 7pm, Bega Christian Fellowship group organised by Dr Mark Harwood from Creation Ministries international will come to Bega and share some message about the Biblical Account of Origins. They will be using our Church. All are invited.

### Regional Meeting

There will be a regional meeting on Sabbath 28 September at Bega Church, including Bega, Moruya, Wallaga Lake and Cobargo churches with SNSW officers from Canberra. Make sure not to miss this Sabbath.

### SNSW Conference Grey Nomads Camp

Plan now to attend the Grey Nomads Camp for a spiritual feast & social fellowship at Adventist Alpine Village. October 28 - November 2, 2019. To receive an application form please contact Robyn Howie, ph 02 6249 6822 or email [robynhowie@adventist.org.au](mailto:robynhowie@adventist.org.au)

### Congratulations

Heather and Paul have welcomed a brand new grandson into their family. Archer James Symes was born on 24 August at 9pm. He is a brother for Olivia and the second child for Jessica and Brendon Symes. God bless you all through this new stage in life.

### Thank You

Thank you to all the youth for making 'Fathers Day' extra special for all the dads this year. The barbeque was a success, thank you for your attendance and for all those who helped with the catering and entertainment. God Bless You All!

### Church Board

Members of the Church Board are reminded of their meeting on Monday, 9 September, at 7pm. Any agenda items to be sent to Dragan by Sunday night. If you are unable to be present for this meeting please let Dragan know.



## Announcements

### Health Evangelism Course:

Cedarvale Health Retreat are currently looking for new female students for their medical missionary training course to fill the 2020 January and July intakes. The course has pathways to achieve Cert IV in Massage as well as Cert IV PCHEP – our Adventist Health Education Course. Some students can receive Centrelink for support (if they qualify). Visit [www.cedarvale.org/School](http://www.cedarvale.org/School) or call (02) 4465 1362. Applications for January intake close 8<sup>th</sup> November 2019.

### Operation Christmas Child



Boxes are now available. Please contact Maureen for more details. Tel. 6495 7588 or 0438 208 183.

### Week of Prayer

Week of Prayer officially commences today. Following our fellowship lunch you are invited to spend time together sharing the first reading.

### Meetings through the week will be as follows:

**Sabbath afternoon** following lunch in the church hall  
*Monday, 6:30pm* at the church.

*Tuesday, 7pm* at the home of Janet and Chester Kieiltyka

*Friday, 7pm* at the church hall with nibbles supplied. Youth are encouraged to come along especially on the Friday night.

### Prayer Points

- \* Jan and Bob Bolst in her health battle
- \* Rob Dobbin, Sheryl Harriden & Rachel Helmers health
- \* Debbie Phillip's granddaughter who is very ill
- \* Sofia Harriden & Mary McAuliffe's health